Therapeutic effects of maxing - shegan decoction on asthma and bronchitis

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[ABSTRACT] Objective: To investigate the therapeutic effects of maxing-shegan decoction on asthma and bronchitis. Method: 40 pediatric cases of asthma and bronchitis hospitalized were randomly divided into treatment group and control group. The treatment group was administrated with maxing-shegan decoction, and the control group was given conventional management, the results were analyzed. Results: Marked effectiveness was observed in 3 cases (15%), effectiveness in 15 cases (75%), invalid in 2 cases (10%) in treatment group. The total efficiency was 90%. Marked effectiveness was in 8 cases (40%) in control, effectiveness was in 6 cases (30%), total efficiency of 70% and invalid in 6 cases (30%). The treatment time was 2 to 7 days long, an average of 3.2 days in treatment group. It was 2 to 9 days, an average of 4.1 days in control group. There were 2 patients in treatment group and 6 patients in control rehospitalized after discharged 1 month. Conclusion: maxing – shegan decoction has some advantages than western medicine, such as low-cost, less toxicity, short stay in hospital, simple method for taking, low recurrence rate on bronchitis and asthma.

[KEY WORDS] Asthma; Bronchitis; Chinese herbal medicine; Child