Analysis of pregnancy outcomes in 285 older pregnant women

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[ABSTRACT] Objective: To summarize the pregnancy outcomes of older pregnant women, and to improve the recognition of the high risk of older pregnancy. Methods: The incidence of pregnant complications, situation of perinatal infants and the rate of cesarean section were analyzed in old group (n = 285) and control group (n = 4438). Results: Compared with control group, the incidence rates of gestational diabetes, hypertensive disorders in pregnancy, premature rupture of membrane, postpartum hemorrhage and cesarean section were higher in old group (P < 0.01). The outcomes of perinatal infants were not significantly different between old group and control group. Conclusions: Older pregnancy is a risk factor, the incidence of complications and cesarean section rate of older pregnancy increase obviously. In order to improve pregnancy outcomes, it is important to strengthen the intrapartum guardianship and prenatal examination of older pregnancy.

[KEY WORDS] Age factor; Delivery; Pregnancy outcome