Complication and treatment of acute myocardial infarction

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View from specialist: It is creative, and of certain scientific and educational value.

[ABSTRACT] Objective: To discuss the complication and treatment of myocardial infarction. Methods: Clinical data of 186 myocardial infarction patients admitted from September 2005 to July 2010 were analyzed retrospectively. All patients were randomly divided into two groups by half. Patients in control group were treated by routine treatment, while patients in observation group were treated with conventional treatment, keeping good living habits, appropriate psychological intervention, and recheck on time. Results: Patients in observation group had better recovery and more stable situation. The reoccurrence was lower and risk factors were under control. Conclusions: Myocardial infarction is fatal, so timely and effective emergency treatment is important. It can save patients' life, and can improve the quality of life.

[KEY WORDS] Myocardial infarction; First aid measures; Psychological intervention; Recurrence rate of myocardial infarction.